

Massanutten Regional Library
New DVDs
November 20, 2013

- DVD 001.942 W 2005
Where are all the UFO's [videorecording] / A & E Television Networks; a Greystone production; produced and directed by Scott Paddor.
This comprehensive program examines all the evidence - including shocking photographs and films, eyewitness interviews, and precise simulations - to create the ultimate UFO dossier.
- DVD 363.3 B 2003
Bowling for Columbine [videorecording] / United Artists and Alliance Atlantis present a Salter Street Films and VIF 2 production, a Dog Eat Dog Films production; producers, Michael Moore, Kathleen Glynn, Jim Czarnecki, Charles Bishop, Michale Donovan; written and directed by Michael Moore.
The United States of America is notorious for its astronomical number of people killed by firearms for a developed nation without a civil war. With his signature sense of angry humor, activist filmmaker Michael Moore sets out to explore the roots of this bloodshed.
- DVD 508 N 2008
Nature's great events [videorecording].
"Experience nature's magnificent wonders, awe-inspiring fury, and astonishing creatures in this spectacular DVD box set. Reader's Digest cameras transport you around the world to capture incredible sights you will want to relive again and again."--Container.
- DVD 613.7 B 2006
Better burn-- better buns [videorecording] / Tracie Long Training; SERreel Productions.
Presents an exercise workout designed to strengthen and shape the hips, thighs, and buns using stabilization and strength exercises, improve one's cardiovascular using medicine ball routines, and flatten the mid-section using unique total core sequencing.
- DVD 613.7 C 2004
Basic step + body fusion / producers, Chris Williams, Greg Twombly; director, Don Vitello.
- DVD 613.7 C 2005
High step challenge [videorecording] / a Cathe dot Com studio production; producer, Chris Williams, Greg Twombly; director, Don Vitello.
"An advanced 68-minute workout loaded with endless energy."--Container.
- DVD 613.7 C 2006
Cardio stack core attack [videorecording] / featuring Greg Sims; produced by Greg Twombly.
"The workout includes interesting drills, standing core work, kickbox, and seated core."--Container.
- DVD 613.7 D 2008
Double cardio [videorecording] / with Sharon Money Twombly & Season Zieger; produced by Greg Twombly.
Presents two cardio workouts with one featuring cross training using a step, heavy and light weights, sports moves, step moves, core movement drills and speed drills and the other featuring new moves and combinations on the BOSU Balance Trainer.

- DVD 613.7 D 2010
Peak 10. Cardio strength [videorecording] / Michelle Dozois; produced by Breakthru Fitness.
"Part of the all new ultimate fat loss system that uses metabolic circuit training to help elevate your metabolic blueprint and change your body composition. This program includes cardio and strength training circuits."--Container.
- DVD 613.7 G 2008
Playball [videorecording] / Patrick Goudeau; a Honeycomb Health and Fitness Production.
- DVD 613.7 G 2008
Hard work conditioning. 2 [videorecording]: burn calories, lose inches / Patrick Goudeau.
- DVD 613.7 H 2003
Hardcore kickbox circuit [videorecording] / produced and directed by Greg Twombly.
Intermediate/advanced workout includes a calorie burning cardio workout with upper and lower body elements. Uses handgrips and dumbbells. Bonus chapter (10 min.) covers aikido abdominal drills.
- DVD 613.7 J 2005
Jump force [videorecording].
This exhilarating, fast-paced exercise program was designed by fitness professional Anni Mairs to increase muscle tone, muscle endurance, and cardiovascular endurance. Easy to follow Step, Low-Impact, Kickboxing, and Jump Rope moves are used to create an intense calorie-burning, muscle-sculpting routine. Viewers will look like they have spent hours in the gym. The workout can be customized to fit viewers busy schedule.
- DVD 613.7 P 2009
Personal training with Jackie [videorecording]: power circuit training.
Television star, Jackie Warner, owner of Beverly Hills gym, Sky Sport & Spa, is known for sculpting some of Hollywood's best bodies. Her renowned circuit training workouts command up to \$400 per hour. Now you can experience Jackie's personal training at home with the next generation of her signature circuit workouts.
- DVD 613.7 S 2009
Shape. Ultimate bikini body workout [videorecording] / produced and directed by Rebecca Stetson.
Designed with quick results in mind for total body toning, conditioning and strengthening. This fitness program will provide solutions to your bikini trouble zones, placing focus on abs and butt. Fitness trainer, Dominique Hall, will keep you motivated and looking fit and toned throughout bikini season.
- DVD 613.7 S 2006
Kathy Smith matrix method. Power walk for weight loss [videorecording].
"This is not your ordinary walking workout! My Power walk for weight loss is a new spin on my favorite exercise. I've combined the latest techniques for total body toning with walking to give you all-over results fast! Finally, you can sculpt your abs, and define your arms and shoulders, all while you walk! Plus, you'll burn more calories in less time!"--Container.

- DVD 613.7 T 2011
Low impact with weights [videorecording] / created by Sharon Twombly; produced and directed by Greg Twombly.
An invigorating 60 minute workout with continuous weight work. Pick up the weights at the warm-up and continue moving and lifting until the cool down. Throughout the workout basic low impact cardio choreography is supplemented with light and heavy weights to strengthen and sculpt the body while burning fat at the same time. Cardio/light weight and stationary/heavy weight intervals are spaced throughout the workout to further focus on fat burning and streamlining. A bonus abdominal section rounds out the workout--Container.
- DVD 613.7 T 2004
Tamilee defy gravity [videorecording]: metabolism jumpstart & fat free cardio.
Metabolism Jumpstart and Fat Free Cardio were created to raise the heart rate, burn calories, and strengthen and shape the upper and lower body. It's the best way for the body to defy gravity!
- DVD 781.66 F 2007
Farm Aid 20th anniversary concert [videorecording] / an Ambassador Entertainment production; directed by Lawrence Jordan; producer, Philip W. Hack.
Includes Farm Aid documentary plus musical performances from the 20th anniversary Farm Aid concert.
- DVD 782.42 S 2003
For the last time [videorecording]: live from the Astrodome / George Strait.
Concert film filmed at the Houston Astrodome March 3,2002.
- DVD ANYT 2013
Anything is possible [videorecording] / Nu Trend Productions present a D Street Films picture; produced by Enrico Natale, Demetrius Navarro screenplay by Carlos R. Bermudez, Demetrius Navarro; directed by Demetrius Navarro.
When young Nathan is separated from his mother while serving on an overseas rescue mission, he runs away from home only to find shelter at a local orphanage. There his incredible talent at the piano is revealed and he becomes the star attraction at a benefit concert to raise money for the orphanage. Inspired by the kindness of so many people, Nathan holds on to the belief that his mom will come home and his family will be reunited.
- DVD BEST 1999
Best laid plans [videorecording] / Fox Searchlight Pictures; Fox 2000 Pictures presents a Dogstar Films production; produced by Alan Greenspan ... [et al.]; written by Ted Griffin; directed by Mike Barker.
After botching a robbery Nick and his girlfriend Lissa target his old college chum Bryce as an easy mark for fast cash. Before long all three young people find themselves entwined in a dangerous web of betrayal and seduction.

DVD BLES

2013

Bless me, Ultima [DVD videorecording]/ Monkey Hill Films, Gran Via Productions and Tenaja Productions in association with Monarch Pictures present; written for the screen and directed by Carl Franklin; produced by Mark Johnson; produced by Sarah DiLeo; produced by Jesse B'Franklin; executive producer, Christy Walton; executive producer, Kevin Reidy; a Carl Franklin film. In New Mexico in the time of WWII, a young man goes to an aged medicine woman and forms a relationship which helps him challenge the fight amid the good and the evil that storms through his village.

DVD BURY

1999

Bury me in Niagara [videorecording] / Power Pictures Corp.; the Richard Crystal Co. in association with Hearst Entertainment; produced by Daniel Harris and Constantino Magnatta; story by Daniel Harris and Constantino Magnatta; directed by Dave Thomas. A mother returns from the dead to help her son, a surgeon, find a stone with magical powers before he is killed by a vicious Japanese gang, looking for the same stone.

DVD CHER

2012

Chernobyl diaries [videorecording] / Alcon Entertainment and FilmNation Entertainment present, in association with PWP; a PWP production; screenplay by Oren Peli and Carey Van Dyke & Shane Van Dyke; story by Oren Peli; produced by Oren Peli, Brian Witten; directed by Brad Parker. Six young tourists hire an extreme tour guide who takes them to the abandoned city of Pripyat, the former home to the workers of the Chernobyl nuclear reactor. During their exploration, they soon discover they are not alone.

DVD CHRI

2006

Christmas in the clouds [videorecording] / Hannover House in association with Majestic Films, LLC and Kosmic Film Entertainment present; produced by Mitchell Stein, Sarah Wasserman, Kate Montgomery; written & directed by Kate Montgomery. Ray has just returned from college to run a Native American ski lodge. The lodge is a laid back place where the employees' children play in the lobby and the handyman has a habit of hitting on the guests. The lodge is not exactly four-star travel guide material. But when Ray learns that a travel guide representative is coming to make an inspection, he decides to make the lodge a professional place of business. Ray has to contend with his somewhat eccentric staff, which includes an emotional vegetarian chef who takes a certain pleasure in informing his diners of the names he has given the animals they are about to eat. Despite Ray's exhaustive preparations, something goes wrong. A case of mistaken identity has the real travel guide representative must deal with a hefty dose of hotel mismanagement.

DVD COME

2013

Come dance with me [DVD videorecording]/ The Hallmark Channel; XMAS Productions III; produced by Marek Posival; written by Kevin Commings; directed by John Bradshaw. Jack tries to impress his boss, Drew, who is also the father of his girlfriend, Demi. Jack wants to propose to Demi at Drew's Christmas dance, but, while taking dance lessons, he starts falling for his instructor.

DVD CONF

2005

Confessions of an American bride [videorecording] / Lifetime Home Entertainment; First Light Productions; Alexander/Enright and Associates; Sony Pictures Television International; producer, Terry Gould; writers, Edward Kitsis & Adam Horowitz; director, Douglas Barr.

When her adoring boyfriend, Ben, pops the question, Samantha immediately goes into wedding planning frenzy - everything must be perfect! But the pair soon discovers that fairy-tale weddings are a fantasy.

DVD CONF

2004

The Conflict [videorecording].

Martin Sheen stars in this religious drama that pits the protectors of tradition against the emissaries of change. Sheen, on a mission from the Vatican to help administer reforms within the Roman Catholic Church, is dispatched to a secluded monastery in Ireland where he meets an Abbot (Trevor Howard) that does not share his views on how to lead his flock.

DVD DEEP

1999

Deep cover [videorecording] / New Line Productions presents a Pierre David/Henry Bean production; a Bill Duke film.

A cop goes undercover to bring down a major drug supplier with the help of a drug dealing attorney.

DVD ERNE

2002

Ernest goes to camp [videorecording] / Touchstone Pictures in association with Silver Screen Partners II; an Emshell Producers Group presentation; screenplay by John Cherry, Coke Sams; produced by Stacy Williams; directed by John Cherry.

Ernest P. Worrell, handyman at Kamp Kikakee, achieves his greatest ambition and becomes a camp counselor--to a gang of juvenile delinquents from the Midstate Boys Detention Center.

DVD EXOR

2005

The exorcism of Emily Rose [videorecording] / Screen Gems presents a Lakeshore Entertainment production; a Firm Films production; produced by Tom Rosenberg, Gary Lucchesi; written by Paul Harris Boardman & Scott Derrickson; directed by Scott Derrickson.

In an extremely rare decision, the Catholic Church officially recognized the demonic possession of a 19 year-old college freshman. Told in terrifying flashbacks, it chronicles the haunting trial of the priest accused of negligence resulting in the death of the young girl believed to be possessed.

Middle-aged single lawyer defends Father Moore, a priest on trial for the negligent homicide of a young girl named Emily Rose.

DVD FREE

2007

Freeway [videorecording] / Republic Pictures, Kushner-Locke and Samuel Hadida in association with August Entertainment and Davis Films present an Illusion Entertainment Group and Muse/Wyman production; produced by Brad Wyman, Chris Hanley; written and directed by Matthew Bright.

A dark comedy which retells the story of Little Red Riding Hood set against a modern background of prostitution, drugs and serial killers.

DVD FROZ

2013

The frozen ground [videorecording] / Grindstone Entertainment Group and Emmett/Furla Films present a Cheetah Vision Films production in association with Emmett/Furla Films, Court Five, Envision Entertainment and Valentina Films; produced by Mark Ordesky ... [et al.]; written and directed by Scott Walker.

Inspired by the true story that follows Alaskan State Trooper Jack Halcombe, as he sets out to end the murderous rampage of Robert Hansen, a serial killer who has gone unnoticed for thirteen years. Risking his life, Halcombe goes on a personal manhunt to find the killer before the next body surfaces.

DVD HARV

2000

Harvey [videorecording] / Universal-International presents; screenplay by Mary Chase, Oscar Brodney; produced by John Beck; directed by Henry Koster.

Comedy about a good-natured fellow whose constant companion is a six-foot tall invisible rabbit. His sister is determined to marry her daughter off and decides to commit her brother to a mental hospital to get him out of the way. Due to a mix-up the sister is committed instead, and it is up to the kindly brother and his imaginary friend to straighten things out!

DVD HIDD

2010

Hidden in silence [videorecording] / the Colla Company [and] Z.D.F. Enterprises in association with Hearst Entertainment; produced by Hans Proppe; directed by Richard A. Colla; written by Stephanie Liss.

Based on the true story of Catholic teenager Stefania Podgorska, who, with her younger sister Helena, hid 13 Jews in the attic of their home in Przemysl, Poland, during WWII.

DVD KEEP

2000

Keeping the faith [videorecording] / Touchstone Pictures and Spyglass Entertainment present a Koch Co./Norton-Blumberg production; produced by Hawk Koch, Edward Norton, Stuart Blumberg; written by Stuart Blumberg; directed by Edward Norton.

Two men, long-time best friends, reunite with the tomboy who was the best friend of both; but all of them have changed-- greatly.

DVD LEGE

2002

The Legend of Cougar Canyon [videorecording] / a James Flocker Enterprises Production; produced and directed by James T. Flocker.

The adventure of two young friends who must enter a canyon they have been told is haunted to rescue a young goat from a hungry mountain lion.

DVD LIFE

2002

The life and adventures of Nicholas Nickleby [videorecording] / adapted by David Edgar from the novel by Charles Dickens; produced by Colin Callender; directed by Jim Goddard; Primetime Television in association with Channel Four Great Britain and RM Productions.

Television production of the stage play Nicholas Nickleby, which was devised to be played in two parts. Based on the novel by Charles Dickens, chronicling the experiences of a young man in 19th century England.

DVD MAN

2003

A man apart [videorecording] / New Line Cinema presents a Vincent Newman & Tucker Tooley production, and Joseph Nittolo Entertainment production, an F. Gary Gray film; produced by Tucker Tooley, Vincent Newman, Joseph Nittolo and Vin Diesel; written by Christian Gudegast & Paul Scheuring; directed by F. Gary Gray.

A DEA agent is on a deadly vendetta to take down the boss of the powerful cartel that killed his wife. He will not rest until the drug boss is dead or behind bars.

DVD PARA

2000

Paradise road [videorecording] / Fox Searchlight Pictures presents a Village Roadshow Pictures production in association with YTC Motion Picture Investments and Planet Pictures; executive producers, Andrew Yap and Graham Burke; produced by Sue Milliken and Greg Coote; based on a story by David Giles and Martin Meader; written and directed by Bruce Beresford.

Fact-based recounting of a group of women who are imprisoned on the island of Sumatra by the Japanese during World War II and used music as a relief to their misery.

DVD QUIE

2007

The quiet [videorecording] / a Sony Pictures Classics release; Town Lake Films presents a Burnt Orange production in association with Holly Wiersma Productions; Andrea Sperling Productions; Joel Michaely Productions; a Jamie Babbit film; produced by Carolyn Pfeiffer ... [et al.]; written by Micah Schraft & Abdi Nazemian; directed by Jamie Babbit.

When a deaf girl moves in with her godparents and their daughter, she finds out that not everything is as it seems, and secrets can be heard even when you can't.

DVD REAL

2003

Real men [videorecording] / United Artists presents a Martin Bregman production; producer, Martin Bregman; written and directed by Dennis Feldman.

Nick Pirandello, the best CIA agent in the world, recruits Bob Wilson, a meek, ultracivilized paper pusher who avoids confrontation at all costs, for a vital mission. It's no easy job because they're being chased by the Russians as well as renegade CIA agents, but in the course of their adventure each learns something from the other.

DVD STAY

2000

Stay tuned [videorecording] / James G. Robinson presents a Morgan Creek Production; a Peter Hyams film.

Couch potato Roy Knable (John Ritter) has entered a new dimension in TV viewing - on the other side of the screen. If he survives, he can return home. If not, like a show with no audience, he'll be cancelled ... for good! The out-of-this-world satellite dish Roy just bought on a free trial offer has sucked him and his wife Helen (Pam Dawber) into a hilariously bizarre TV world.

DVD STOR

2000

The story of us [videorecording] / Castle Rock Entertainment presents a Rob Reiner Film; director, Rob Reiner; writers, Alan Zweibel & Jessie Nelson; producers, Rob Reiner, Jessie Nelson and Alan Zweibel.

After 15 years of marriage, Ben (Willis) is still the free-spirited person he's always been while Katie (Pfeiffer) is left to handle life's messy little problems. So when the kids go off to summer camp, they face the most important decision of their married life. Do they end their story or begin a new chapter?

DVD SWEE

2005

Sweet bird of youth [videorecording] / a Linda Yellen Company production in association with Kushner-Locke Company; produced by Fred Whitehead; directed by Nicolas Roeg.

An ambitious but charming young man returns to his home town after a prolonged stay in Hollywood. He brings with him a once beautiful but now faded movie queen with the intention of capitalizing upon her fame for his own ends. But when he rekindles an affair with a former flame, he brings down the wrath of her father, a local political boss who swears revenge.

DVD TAIL

2001

The tailor of Panama [videorecording] / Columbia Pictures presents a Merlin Films production; producer, John Boorman; screenplay writers, Andrew Davies, John le Carre, John Boorman; director, John Boorman.

Harry, an ex-con turned tailor to the rich and infamous, is married to Louisa, who is smart and sexy. Andy is a suave and ruthless British spy, who had best come through this time, who forces Harry to eavesdrop on the powerful politicians he clothes. Harry's talent for storytelling is not only taken as truth, but sets off a series of events that threatens to destroy everything most important in his life.

DVD TEN

2008

10,000 BC [videorecording] / Warner Bros. Pictures presents in association with Legendary Pictures, a Centropolis production, a Roland Emmerich film; produced by Michael Wimer, Roland Emmerich, Mark Gordon; written by Roland Emmerich and Harald Kloser; directed by Roland Emmerich.

In a remote mountain tribe, the young hunter D'Leh finds his heart's passion in the beautiful Evolet. But when a band of mysterious warlords raid their village and kidnap Evolet, D'Leh leads a small group of hunters to save her. As they venture into unknown lands for the first time, the group discovers there are civilizations beyond their own and that mankind's reach is far greater than they ever knew. At each encounter the group is joined by other tribes who have been attacked by the slave raiders. Soon the small band has turned into army. At a massive temple, the band will take their stand against a tyrannical god who has brutally enslaved their own. It is here that D'Leh finally comes to understand that he has been called to save not only Evolet but all of civilization.

DVD TOY

2002

Toy soldiers [videorecording] / TriStar Pictures presents in association with Island World.

When an exclusive boarding school is taken hostage by South American terrorists, the rebellious students risk their lives in a desperate, deadly campaign to stop them.

DVD WHIT

2013

White House down / Columbia Pictures presents a Mythology Entertainment/Centropolis Entertainment production; written by James Vanderbilt; produced by Bradley J. Fischer, Harald Kloser, James Vanderbilt, Larry Franco, Laeta Kalogridis; directed by Roland Emmerich.

While on a tour of the White House with his young daughter, a Capitol policeman springs into action to save his child and protect the president from a heavily armed group of paramilitary invaders.

DVD WINT

2005

Winter solstice [videorecording] / Paramount Classics presents a Sound Pictures production of a film by Josh Sternfeld; produced by John Limotte and Doug Bernheim; written and directed by Josh Sternfeld.

LaPaglia and Janney star in a poignant look at how a woman's love and support can help a widower, who is struggling to overcome the loss of his wife, deal with his older son's decision to leave home and his younger son's destructive behavior.

DVD WITH

2005

Without a paddle [videorecording] / Paramount Pictures presents a DeLine Pictures production, a Steven Brill film; produced by Donald DeLine; screenplay by Jay Leggett & Mitch Rouse; directed by Steven Brill.

Three childhood friends, after discovering a hidden treasure map that was left behind by a recently departed friend, go into the Oregon wilderness in search of lost treasure. They take a canoe upriver and everything that can go wrong, does. The three become hunted by two backwoods farmers, tree-hugging hippie chicks and a crazy old mountain man. All in the hopes of finding the D.B. Cooper treasure they studied about when they were young kids.

J DVD 372.4 L

2011

LeapFrog Scout & friends. Phonics farm [videorecording].

Join Scout and his friends as they learn letter sounds with the help of some amazing animals! Scout, Violet, Eli and Penny long to learn about new animals. When their magical toy car, Axle, whisks them away to a farm, they discover a remarkable alphabet collection and ABC antics ensue! As the friends get in shape with an athletic alligator, console a sad seal, converse with a high-pitched horse, and more, they make their way through the entire alphabet!

J DVD 372.4 L

2012

LeapFrog Scout & friends. Numberland [videorecording] / Leapfrog presents, in association with Lionsgate and Chris D'Angelo Productions; written by Mark Young; produced by Pam Arseneau, Vera M. Hourani; LeapFrog producer, Anthony Greene; directed by Ron Myrick.

"Join Scout & Friends for another exciting LeapFrog learning adventure! When the pets long to learn about numbers, their magical car, Axle, whisks them away to Numberland. With the help of a new friend Max, they meet all the residents and build early number skills. Through in a surprise birthday party and it all adds up to plenty of fun on this sing-along counting adventure!"--Container.

J DVD BARB

2011

Barbie. A perfect Christmas [videorecording] / Barbie Entertainment presents; written by Elise Allen; produced by Kevin Gamble and Gokul Kesavan; directed by Mark Baldo.

Join Barbie and her sisters Skipper, Stacie, and Chelsea as their holiday vacation plans turn into a most unexpected adventure and heartwarming lesson. After a snowstorm diverts their plane, the girls find themselves far from their New York destination and their holiday dreams. Now stranded at a remote inn in the tiny town of Tannenbaum, the sisters are welcomed by new friends and magical experiences.

J DVD JACK

2010

Jack and the beanstalk [videorecording] / Avalon Family Entertainment presents; written by Flip Kobler and Cindy Marcus; produced by Gary Depew; directed by Gary J. Tunncliffe.

Jack must perform a heroic deed by Monday, or flunk out of fairy tale school, just like his father before him. To succeed, Jack sells his C.O.W. (Computer of Wonder) for a handful of beans that overnight, magically grow into a gigantic beanstalk reaching high into the sky. Desperate to be a hero, Jack climbs up the enchanted beanstalk into a magical and dangerous world, and with the help of some friends he learns the true meaning of heroism on his adventure.

J DVD MIST

2005

Mister Rogers' Neighborhood. What do you do with the mad that you feel? [videorecording]: life lessons: self-control, expression, and healthy outlets / Family Communications.

"Everyone gets mad sometimes. That's just part of being human. We aren't born with self-control. We have to learn what to do with our anger. Watching this DVD can encourage children to talk about their mad feelings. Building a warm relationship through open communication is one of the keys to helping your child learn how to handle mad feelings"--Container.

J DVD MONS

2013

Monster High. 13 wishes [videorecording] / Mattel Entertainment; produced by Tina Chow, Marge Dean and Ira Singerman; written by Ted Zizik & Mike Montesano; directed by Steve Sacks.

It's a new school year at Monster High, and the little sister of Clawdeen Wolf, Howleen, is determined to be more fangtastic than ever. Her dream of popularity turns out to be easier than anyone imagined when she stumbles upon a genie named Gigi Grant who grants her not three, but thirteen wishes. The ghouls quickly learn to be careful what you wish for, because each wish comes with a dark side, and soon the student disembodied of Monster High is turned upside-down.